

**PACKING LIST FOR A MULTI-DAY CANOE/KAYAK CAMPING TRIP**

**Canoe/Kayak Equipment**

- Canoe or kayak
- Paddle for each person and a spare (mandatory)
- Painters, 10 feet
- Bailer for each boat
- PFD for each person
- Whistle or Sound signal for EACH person - attached to PFD
- Throw bag for each boat
- Repair kit
- Paddling gloves
- Group first aid kit
- Paddle float
- Pump
- Spray Skirt
- Sponge
- Paddle leash
- Helmet
- Rescue Knife

**Sleeping Equipment**

- Tent and fly
- Sleeping bag
- Sleeping pad (Thermarest or foam)
- Pillow
- Tarp
- Ground sheet

**Miscellaneous**

- Compass
- Cell phone, Sat Phone or SPOT
- First aid kit
- Water bottle
- Flashlight
- Maps/Charts
- Plastic bags
- Eyeglass strap
- Sunglasses
- Sunscreen
- Extra rope
- Dry bags or duffel bags for storing gear
- Insect repellent
- Batteries
- GPS
- Camera
- Fishing rod & tackle
- Hatchet/axe/saw
- Camp lawn chairs
- Spare car keys
- Emergency food - in case trip is unexpectedly extended
- Bird/flower books
- Tools and Boat Repair kit
- Duct Tape

**Clothing**

- Wet suit (for early/late season &/or Novice and above trips)
- Wet boots or neoprene socks
- Rain gear (mandatory)
- Many changes of socks
- Boat Shoes
- Extra footwear for camp
- Windbreaker
- Warm pants (not cotton)
- Change of underwear
- Hat with visor
- Toque
- Insulating Layers (not cotton)
- Spare set of dry clothing in waterproof container
- Shirts and fleece (not cotton)
- Base Layers
- Gloves
- Bathing Suit

**Cooking Gear**

- Stove and fuel
- Lighters/matches and fire starting material
- Cooking grate
- Pots, frying pan
- Coffee pot
- Plates/cups/bowls
- Cutlery & cooking utensils
- Sharp knife
- Can opener
- Pot holders and pot lifter
- Dish soap, dish pan, dish cloth and tea towel
- Aluminum foil
- Food for trip
- Salt/pepper
- Paper Towel
- Sugar
- Cream/Whitener
- Margarine
- Water Container (fill up before putting in)
- Water Purification System

**Personal**

- Toothbrush/paste
- Soap/towel
- Hand Face Cream
- Deodorant
- Brush/comb
- Medication
- Toilet paper
- Trowel